

The NHFC would like to give
a warm welcome to our Clinic to

YULIA HEATON

Bsc (Hons) Psychology
Bsc (Hons) Acupuncture

As well as being an exceptional acupuncture Therapist,
Yulia is renowned in Cardiff for teaching Pregnancy Yoga and group Yoga.



Book your individual or group Session with Yulia at Reception

Acupuncture NUTRITIONAL THERAPY Work Stress Whiplash Frozen Shoulder
Reflexology Facial Acupuncture Baby or Infant Massage Insomnia Neck Pain Bereavement Depression
Yoga McTimoney Chiropractic Reiki Sports Injuries Physiotherapy Migraine
Back Pain Anxiety Gynaecological Pain IVF / Fertility Problems Stress Joint Pain
nhfc
women's health