



The natural health and fertility clinic

One in seven couples in the UK have trouble conceiving so you're not alone.

With many years experience of helping couples to overcome fertility and pregnancy difficulties, we understand the emotional, physical and financial distress that you're facing. That's why we are absolutely committed to offering a range of holistic therapies that complement and integrate with conventional medicine; giving you the best possible chance of having the baby that you so desperately want.

Combining a range of therapies including acupuncture, nutritional advice and counselling, our founder and Clinical Director Jackie Brown will design a treatment programme for you that stimulates the body's own healing response, naturally restoring health and wellbeing.

Please be assured that at the Natural Health and Fertility Clinic, we offer a relaxed, caring and supportive environment. So, whether you've already tried IVF and it has failed, would like some extra help with assisted reproductive techniques or would just prefer to try and conceive in a more natural way then please do call us today - we're ready, willing and able to help every step of the way.

Unexplained infertility can be one of the hardest issues in life to come to terms with.

At the Natural Health and Fertility Clinic, we use the ancient technique of acupuncture to enhance fertility and support assisted reproductive techniques including IVF, IUI and ICSI.

Acupuncture is both painless and relaxing and is now proven as a valid form of healthcare; offering hope and joy for the thousands of couples who conceive with the help of acupuncture each year. In fact, figures released by the British Medical Journal show that acupuncture can help improve IVF success by 65%.

Indeed, we're very proud of our own success rates and love sharing the stories of patients who have become pregnant as a result of our help.

If you are suffering from Polycystic Ovarian Syndrome, then you'll know only too well how this condition can make it very difficult to conceive.

At the Natural Health and Fertility Clinic, we advise a programme of acupuncture, nutritional therapy and reflexology to increase the chances of ovulation. Although every woman is different, our results show that these techniques can help to regulate the menstrual cycle, increasing the chances of ovulation while supporting weight loss.

These natural fertility treatments are also particularly helpful when overcoming the emotional trauma of recurrent miscarriage. With around 25% of pregnancies ending in miscarriage, our integrated recurrent miscarriage programme examines the medical aspect of miscarriage along with the lifestyle, diet and emotional wellbeing of both partners; therefore improving the chances of a healthy pregnancy.

Of course, once you are pregnant we can help you to feel your best with our safe and non-invasive treatments.

We work with our patients to ensure a happy and healthy pregnancy; offering specific treatments to overcome some of the problems that can make every-day life a challenge when pregnant.

Our highly qualified therapists offer acupuncture for morning sickness and back pain, delivering some amazing results by stimulating the brain to produce endorphins; reducing pain and helping you to feel good the natural way.

We're here to help!

Our fees are just £60.00 for a consultation followed by £45.00 for each treatment. To arrange your first consultation at the Natural Health and Fertility Clinic please contact us today:

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